

COURT CIRCULAR

OWNER NEWS • FOOD • TRAVEL • GARDENING





WELCOME

This summer's edition is bursting with brilliant, fun and emotive stories. Inside you'll read of runaway lovers, the founding of the NHS, a surprise engagement, fantastic charitable work and so much more. We have a new feature, *hidden talents*, which we hope will continue within editions to come.

C. Aldington

Yours, Cody Aldington – Design editor

4 Court News Court activities, celebrations, past times and charity events.

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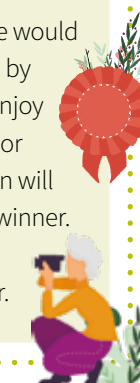
26 Garden Courts enjoy glorious garden parties and barbecues.

28 Puzzles Test your brain with crosswords, sudoku and word searches.

Please send news & photos to our new design editor, ewa@bluemooncreative.co.uk or give them to your court manager. Please note that all stories submitted will be edited and proof read.

Photo competition

It has been an amazing summer. To celebrate we would love to see photos taken by you showing what you enjoy about summer at home or abroad. A £25 book token will be presented to a lucky winner. Please send your entries by the end of September.



Harry Parker of Tiddington Court

Owners at Tiddington Court would like to give a welcome home to Harry Parker on his return from hospital.



Harrison

Help 4 Harrison fundraising campaign

In March, Tannery Court held its annual Spring Fair and raised money for a wonderful little boy.

Owners at Tannery Court were very busy in preparation for a bric-a-brac stall, tombola and raffle. The event is always very popular and there was a lot of interest from outside the court. This year the cause was the Help 4 Harrison fundraising campaign. Harrison is a four year old boy with local connections who was born very prematurely at 23 weeks gestation. It was touch-and-go whether he would make it but he did. Harrison suffers from Cerebral Palsy and funding was being raised in order for him to have an operation which would enable him to walk and loosen his very stiff muscles. He would



Tombola

also have to receive intensive physiotherapy before and after his operation which again would have to be self-funded. After hearing of his plight owners rallied round to help and support the fair. The fair was attended by Harrison's Godmother and a total of over £500 was raised.



Bric-a-brac stall

This was an excellent amount which contributed to the goal of £23,000 needed for Harrison's operation which we believe to be happening very soon. The family thanked the court for our help and support for their cause.

Visit: justgiving.com/campaigns/charity/just4children/help4harrison to give a donation to the 'Help 4 Harrison' fund.



Owners at Boat Lane Court joining in the singing



Band performing at Boat Lane Court

Gala Evening Dinner

Boat Lane Court held a glorious Gala Evening Dinner with an eight piece band all in aid of Cancer Research. Everyone got involved and had a great time.



MINSTER COURT

Charity Country & Western evening and a *Wind in the Willows* performance by the Minster Mummies.

On Friday 8th June the Minster Court staff put on a country and western themed evening for owners. They enjoyed special guest appearances from Kenny Rogers, Dolly Parton, Glen Campbell and Doris Day to name but a few. During the break the owners were given

a cup of tea or coffee and, of course, a wagon wheel biscuit. After a long discussion about how wagon wheels had shrunk in size, Donald Trump came to speak with the staff. He was duly arrested by the sheriff (Court Manager Phil Moss). In all, £200 was raised for the Lincolnshire &

Nottinghamshire Air ambulance. The whole show was organised by Duty Manager Tracy, who was presented with an Oscar and flowers afterwards. Almost all owners attended. Feedback afterwards was extremely complimentary; a good time was had by everyone.



Masked 'Minster Mummies'

Also at Minster Court, The 'Minster Mummies' played their *Miscellany 2* to an audience of 30+ on April 18th. The theme was Creatures. Drama, poems and prose by Lear, Dahl, Eliot, Grahame, Thurber, Nash, and Mary Oliver were read by 'Full Chorus', Dennis Andrew, Brian Daubney, Hilary Kitchen and Jennifer Young, ably assisted by Barbara and Bob Adams and Denis Loffhagen. The audience joined in popular songs about animals. Tea (with dog biscuits and sheep's eyes – not seriously) was provided after the show.

EMMBROOK COURT

The Dr. Billy Graham that I knew



Photo: Billy Graham Evangelistic Association

Introduction by Norman New

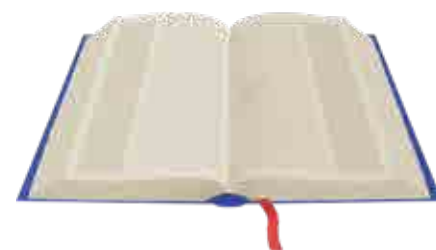
"The late Maurice Rowlandson was the Manager for the United Kingdom Branch of the Billy Graham Evangelistic Association and the Secretary for the world famous Keswick Bible Convention. I was surprised to find that Maurice and his American wife Marilyn were both residents here at Emmbrook Court when I and my late wife came in 2014. Maurice died some eighteen months later, but Marilyn has kept very active in Christian Service. On her return from Dr. Graham's funeral in Charlotte, USA, I asked her to produce the following article for the small local magazine, the 'Emmbrook Extra', and pass it on in the hope there is a place for it in the excellent 'Court Circular'."

When you mention the name 'Dr. Billy Graham' to people, most of them will have a mental picture of him standing behind a pulpit and holding a Bible in his hand. If they had known him at all, they remembered him as an evangelist, a public figure, known internationally as a friend of many American Presidents. All of that is true, but the Dr. Graham I knew was a very different person.

I first met Dr. Graham in 1949 when he was the head of a Bible College in my home town of Minneapolis, Minnesota. He had visited England the year before with the 'British Youth For Christ' and realised that there was something he could do to help the Churches to rebuild their congregations which had been affected by the years at war.

The country needed to rebuild, but that would take a great deal of money, manpower and time. At a meeting in London, just before he returned to the USA, he offered for ten young people to come to America and study at the Bible College at Minneapolis. The man who became my husband had attended that meeting and received an invitation. I guess the rest is history. He came, we met and eventually got married and after his studies were completed, moved back to England.

After that, whenever Dr. Graham and his wife Ruth visited England, they would get in touch. We spent many times just talking and eating together. Ruth had been raised in China so we would usually eat in a Chinese restaurant. When Dr. Graham received the invitation to conduct the meetings that were to take place in London's Harringay Arena we were there to help.



To us he appeared a very shy, unsure man, who relied on other peoples' knowledge and wisdom to help make decisions. That never changed throughout the years. What he wanted most of all was to know he was doing God's will. He would read his Bible a lot and spend many hours in prayer, both alone and with others, before making any decisions.

In 1972 one of our daughters died in a car accident, and Ruth Graham came to the funeral and brought a personal message from Billy. In 1982 our youngest daughter was also involved in a life threatening motor accident that hospitalised her for many months. Finally, she was well enough to come home for Christmas and Dr. Graham 'phoned to tell her how much they had prayed for her, and how grateful they were that she was on the road to recovery. You may also remember that when my husband passed away, Gigi, Dr. Graham's daughter, attended to pass on a message from her father.

The Dr. Billy Graham I knew was a man who cared for people as individuals and was never too busy to pick up a telephone and encourage those whom he called his friends. It was a great privilege to know him as my friend.

By Mrs. Marilyn Rowlandson

BOAT LANE COURT

Founding of Britain's National Health Service

Olive Belfield recalls her nursing career for the BBC project, *'Witness: The story of our times, told by the people who were there.'*



Olive Belfield of Boat Lane Court

Olive's career in nursing started when she was 18 in 1945. The NHS was born on 5th July 1948, with a budget of £152 million pa. During a lovely five minute interview, Olive talks of her early wish to be a nurse and the thrill of going away for training.

"You were accepted for twelve weeks and lived in the nurses' home. It was so exciting. We were given a pink uniform and, if we passed, that was it. We could carry on with our ambition of nursing. And, as you know, joy upon joy, this happened."

Olive goes on to describe her first witnessing of death, seeing a young man pass away.

"I stood and cried. I think I had most of the patients crying. But I can so

remember to this day that the ward sister got me out immediately and said to make the parents, who had just arrived, a cup of tea. And of course they could see that I'd been crying and the mother started. And there I was crying and she got hold of me and said, 'you've made me feel better than anyone else'."

After the NHS came into being, Olive found out about career opportunities as a Health Visitor. She says she'd always felt that, if she did become a nurse, she would like to go out into the community. Olive went to university and became an NHS Health Visitor ("I could have worked privately, but that wasn't what I wanted"). She remained with the NHS until retirement.

Visit: <https://www.bbc.co.uk/programmes/p068jqsq> to see Olive's talk



Well done Mina, our Boat Lane Court friend!

Gaynor, Court Manager

Boat Lane Court had the privilege of being involved with Manchester College's initiatives to support students where English is a second language. On several occasions students from Eastern Europe and the Middle East were welcomed to the court. It was of mutual benefit, learning much about them and they were able to practise their conversational skills. The court also provided voluntary work for a prospective medical student, and Lucia the tutor visited the court with individual students.

The story of Mina, a mature Iranian student, is most rewarding. Mina was anxious to improve her English in order to pursue her profession. She joined the 'Singing in Harmony' group where Margaret Biddle, our natural voice coach, welcomed and encouraged her. She joined in court events and made friends. After Mina's first year she was awarded a College prize for outstanding progression in her work and speaking skills. "She is a beautiful person and everywhere she goes she spreads sunshine in spite of a very troubled history. We hope this is just the beginning of her new life."

A Royal Toast

Owners celebrated in true British style for the Royal Wedding of Harry and Meghan.



On Saturday 19th May, after watching the wedding ceremony, Kennet Court's social club held a royal party to toast the happy couple in their own way. Prosecco flowed alongside a buffet tea made up of cucumber sandwiches, victoria sponges and other such British delights. Owners commented that the day made them "proud to be British".



Owners at Kennet Court toasting the happy couple



Kennet Court

Meanwhile, at Plymouth Court, owners held a 'Royal Wedding Cream Tea' in the afternoon which was greatly enjoyed by all. Linda, Court Manager and all owners would like to give thanks to the staff who did their usual 'bang-up job' of catering and of giving the court such a celebratory atmosphere.



Plymouth Court



Blundellsands Classic

Blundellsands Classic were almost too busy having fun to take any photos. However, we did receive one, owner John Clough dressed as Prince Harry, and HKA Margi, as Meghan. Owners toasted the lovely couple over their vows and enjoyed a delicious afternoon tea.

Tannery Court celebrated the Royal Wedding in style by first joining together in the lounge to watch the ceremony. Lunch followed with a langoustine seafood cocktail, poached salmon for the main course and a fresh raspberry pavlova for dessert. The happy couple were toasted with pink champagne.

The event was made even more special with a visit from local MP, David Jones, who joined owners at the end of lunch. He enjoyed his conversations and said that he had heard a lot of great things about Tannery Court.



Tannery Court



Tannery Court

Following the ceremony, Fullerton Court enjoyed a 'Wedding Day Feast' of prawn & crab meat salad, beef Wellington, and Eton mess. Owners thank Court Manager, Linda for all her efforts.



Fullerton Court



Tiddington Court



'Wedding Day Feast' at Fullerton Court

Above: Flags galore at Tiddington Court celebrate the special day as owners enjoy the ceremony.



Melton Court



Melton Court



Melton Court



Melton Court



Melton Court



Melton Court



Melton Court

In Dorset, Melton Court was certainly dressed for the occasion. Not only was the court decorated with British flags, so were owners and staff. All were fashioned with white corsages and beautiful smiles. After enjoying a 'Wedding Breakfast' owners relaxed and watched the ceremony.

If you want to get ahead – get a hat!

By Edith Waller

This is the slogan of the Luton Hat Trade. So, when at Bushmead Court in Luton we were invited to a Royal Wedding Celebration buffet, many of us arrived wearing HATS.

In the previous weeks there was much fun as a search started for suitable hats – and even the nearby charity shop joined in the fun! The results were great and when we proudly walked into our lounge which was festooned with flags, we were each given a buttonhole of flowers – a royal welcome!

Our lounge television screen was perfect for our intimate viewing of all the proceedings. The marriage ceremony itself came over with deep solemnity and was enhanced by the sincerity with which Harry and Meghan gave their vows to each other. Also the American preacher gave a powerful message to us all.

The service over and Harry and Meghan safely in their carriage, we headed straight to the buffet to appreciate and enjoy an absolutely delicious meal – including a wedding cake made and decorated



Court Manager Jane and owners

by our staff member, Jennifer. After the meal we were all given either a commemorative mug or spoon and some of the 'hat wearers' were presented with a 'gold' medal.

Now there had to be photographs but, before that, our chairman Frank gave a vote of thanks to Jane and all the staff for their efforts to give us such a happy occasion. We wanted our Manager Jane to be included in the photographs, as this would be the last social event she would organise before her retirement. But Jane refused. A chorus then began, "We want Jane".



Sally Cavallo



Edith Waller

As the chant became louder and louder, a reluctant Jane came to join us. Then, tired but happy, we went off for an afternoon nap – except the staff who were washing up!



Ron and Nan Ashpool

Even though Easter seems a long time ago, we couldn't not show these super pictures.

Ashby Court owners in colourful bonnets at their Easter Tea Party.



Ashby Court



Ashby Court



Ashby Court



Saxon Court



Peter Golds, Saxon Court



Sheila Boniface

At Saxon Court, Mr. Peter Golds won the Easter bonnet competition with Mrs. Sheila Boniface being the runner up. Simnel cake and chocolate eggs were enjoyed by all with plenty of laughter and fun.

St David's Day and St George's Day celebrations across the courts.



Tannery Court

Tannery Court, being in Wales, celebrated St David's Day with a traditional Welsh Afternoon Tea consisting of Welsh Cakes and Bara Brith. A total of £106 was raised for the Premature Baby Unit at Ysbyty Glan Clwyd.



Tannery Court



Ashby Court



Glyn Morley at Ashby Court



Priory Court

Priory Court celebrated St George's Day in style. Singer, Julie A Scott performed whilst owners waved flags and danced. The order of the day was red, white and blue! Not to be out-done, Ashby Court owners were entertained by singer, Glyn Morley, joining in his finale of *Land of Hope and Glory*.



Julie A Scott performing at Priory Court

PS – The Luton football team – 'The Hatters' have recently been promoted into League 1 – which proves that, 'If you want to get ahead – get a hat'.

Shopping and beauty

Tannery Court hosts a 'pamper experience' and Ashby Court hosts in-house shopping.



Tannery Court:
Jane Walkers and Joyce Dann

Bridget, a Tropic representative, visited owners and demonstrated their products, all featuring natural ingredients with no testing on animals. They proved very popular with owners and staff alike. Owner Joyce and cook /HKA Jane volunteered to be models. The evening was great fun and will be repeated in the run-up to Christmas.

Tannery Court also hosted visits from Edinburgh Woollen Mill (tempted by a 20% discount



Ashby Court

for owners), from Rikshaw Fashions and from the Disability Resource Centre, who brought various clever gadgets to make everyday life a little easier.

At Ashby Court, Maxine Pepper from LOROS Hospice came and gave a demonstration called 'KNOW your colours'. The ladies in the photo had a wonderful time learning about the colours of clothing that suited their hair and skin colouring.

Blundellsands & Cathedral Green Court cup winners!



Winners at most recent tournament

Pictured left are the winning team at the most recent 'Cathedral Green Court Cup' a sponsored indoor bowls tournament. Cathedral Green owners also enjoyed a Casino Night. This included betting, much fun and a lovely meal.



Cathedral Green Court Casino Night



John Clough

Blundellsands Classic owner, John Clough won the Northern Cricket Club Bowl Challenge Cup. Well done!



Cathedral Green Court

Daniel King: editor, author & photographer

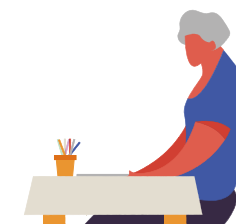
Cathedral Green Court owner Daniel King and his daughter Isabel edited the recently published Bloomsbury book, *When the Last Lion Roars: The Rise and Fall of the King of Beasts*, by prizewinning travel and wildlife photographer and writer Sara Evans. Amazon review: "One of the most up-to-date and balanced accounts of the gradual disappearance of the lion we've seen. It's particularly informative on the cultural history of the lion in human affairs, both the mythical and the factual." Evans gives a vivid account of her own experiences with lions and the work being done in Africa and India to keep the lions going.

The past year has also seen the publication of the first of a three-volume history of the Sheffield Botanical Gardens, written by Daniel and co-author R. Alison Hunter. During the summers of 2017 and 2018, Daniel also put together *Trees Around Peterborough*, documents with walks and photographs of about 55 species in the central area. The walks will be incorporated into the Peterborough Environment City Trust website.

"I'm no botanical expert, but I've done a certain amount of research and fancy bibliography for The Manchester Museum Herbarium and the Sheffield Botanical Gardens. If you have paralegals, I guess I'm an amateur parobotanist." Daniel is a retired sculptor and architectural designer.



Printastic!



Five have Messy Morning fun making gelli plate prints, writes group leader Christine Bradford.

Gelli plates are like slabs of clear gelatin, but can be cleaned and used again. It's a fast way to produce striking images: the shrieks and smiles as we pulled the papers back to reveal they were brilliant! We soon moved onto decorating cards and notebooks, using die-cuts. The smiling faces of the ladies tell the story! Wendy, my HKA came too and produced some expert layering. At our next Messy Morning we'll try using Infusions and Brushes – whatever they are. We'll soon find out!



Boat Lane Court



Boat Lane Court



Boat Lane Court



Boat Lane Court

Blake Court's art group nears its first anniversary

The art group tutored by artist in residence, Ken Blakemore, continues to flourish. In addition to practical painting, the group

have been introduced to famous works by international painters with discussion of composition, lighting and tonal features and brush techniques used. Owners are encouraged to plan before starting work with these aspects in mind. Ken has an extensive library of books on all types of paintings and generously offers them for loan to the participants.



Louise Watson



Jean Chapman

Louise started painting when the group was formed. Jean has some previous experience.

Mrs P Ashton shares her talent with St George's court

"When I retired from teaching in 1994 I decided that I needed a new hobby. After trying several things I finally settled on cross stitch as I found it very stimulating. I completed my first picture in 1996 which was of an Amish village. I became hooked and have since completed seven more,

two of which I donated to the court this year. All have been framed and adorn the walls of my apartment. At the present time I am working on several things but mainly a picture of sweet peas. I will shortly run out of wall space, then it might be the time to look for a new hobby."

Owners and staff love Corinna's painting!



Plymouth Court

Corinna Seal is one of Plymouth Court's cooks, an HKA and also a care worker. Corinna told CM Linda, that she hadn't picked up a paintbrush in years but the muse came upon her the other Saturday afternoon and this was the result! Linda said, "We all love it." The photo wasn't quite big enough for the front cover, however it is definitely worthy!



Mrs P Ashton of St George's Court

Court celebrations

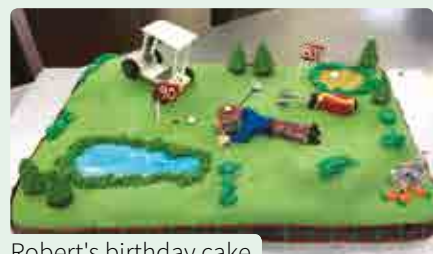
Fun and enjoyment across the courts celebrating milestone occasions with friends.

Carrs Court celebrated Mr & Mrs Riggs' 60th wedding anniversary. Owners and guests enjoyed a delicious meal and entertainment. The lovely couple did not want gifts asking instead for donations to be given to the guide dogs. An amazing £1,065 was raised.



Mr and Mrs Riggs of Carrs Court

Margaret Court had a fantastic afternoon tea celebrating Robert Henry's 90th birthday. The wonderful cake was made by cook Mandi, in the theme of a golf course, one of Robert's hobbies.



Robert's birthday cake

William Haigh of Cathedral Green Court also celebrated his 90th birthday with a party held at the court with fellow owners.



William Haigh of Cathedral Green Court



Robert Henry of Margaret Court



Josephine Rumbold of Deerhurst Court

Owner Josephine Rumbold of Deerhurst Court celebrated her 90th birthday with family, friends and neighbours with some fizz and cake. The lucky lady had a second, family party the next day – can't be bad at 90!



Celebrations at Carrs Court

Fullerton Court owners gathered together in the lounge for an enjoyable tea party celebrating with Jenny Pearcey on her 65th birthday. Much fun and cake was enjoyed by all.



Jenny Pearcey of Fullerton Court



Ray Evans of Blake Court

100th birthday celebrations were held at Blake Court for Mr Ray Evans. Owners enjoyed a lovely afternoon tea party and Ray was delighted to receive his official letter from HM Queen Elizabeth.



CATHEDRAL GREEN COURT

Runaway lovers still smiling 60 years on

Philip and Ann were featured in the Peterborough Telegraph as, 'the couple who defied their parents' wishes by eloping to Gretna Green.



Philip and Ann on their wedding day

It may have been the complete opposite of a Royal Wedding, but a Peterborough couple made headlines of their own 60 years ago by daring to sneak away from their families and elope to Scotland.

It was quite the scandal in June 1958 when farmer's son Philip Hill (20) and 17-year-old Ann Dunleavy (now Hill) ran off to Gretna Green to tie the knot, with parents discovering their whereabouts from a newspaper article.

But hiding out in a tin shed was not as glamorous as the recent Royal nuptials for the cash-strapped couple who had to wait three weeks before being allowed to tie the knot in a registry office.

"In 1958 Peterborough was very different. People just did not do things like that," recalled Ann, who had moved to the city from Ireland with her Catholic father.

The lovestruck couple had met in February that year at a dance in Werrington after Philip had returned from the army, and it was only a few months later that they contemplated their shock trip.

"It seemed like a good idea at the time. It was a nice three week holiday!" said

Philip, sitting beside his wife at their home in Cathedral Green Court.

English law at the time stopped couples under 21 from marrying without their parents' consent, which would not have been forthcoming for Ann or Philip. But it was different in Scotland, and Gretna Green was the first village couples would come across when crossing the border.

Ann said, "We had nowhere to stay and not a lot of money so we lived in a tin shed at the back of a hotel for three weeks. There was one gas ring and a kettle. We were friendly with other couples. The ones from Birmingham, their parents came and fetched them."

Philip added: "Bread and jam – that's all we lived on for three weeks!"

The couple married 60 years ago and both agreed their escape would never be repeated now. Fortunately, they were able to smooth things over with their families on their return.

Philip, who drove lorries for Perkins Engines remembers seeing Ann's dad for the first time after their marriage. "He was not too bad. He said, 'you've done it, make sure you take care of her and go to church every week.'"

Married life began by living in a caravan as they waited three years for a council house. Ann later gave birth to Martin and Trevor, but Martin sadly passed away when he was just three. They have since been blessed with granddaughters Louise and Alison and great-grandson Teddy.

The secret to their successful marriage is, "give and take" according to Philip.



Philip and Ann

Ann said, "You have to work at it. We are good pals which is half the battle. We look back and laugh at the things we've done. I was in the front queue when they dished the husbands out, and I'm very lucky."

FULLERTON COURT

Congratulations to John and Hélène!

Linda, Court Manager of Fullerton Court announces:

"We have some exciting news here at Fullerton Court! Our Chairman of the Board, Mr John Blackwell, and his next door neighbour, Mrs Hélène Elston have got engaged! Our very first wedding for Fullerton Court."

The couple met when Hélène moved in, in 2016 and they soon became firm friends. They have been inseparable since, going on lots of outings as well as travelling abroad. Hélène has now joined the Board of Directors and together they make a wonderful couple. They hope to marry before Christmas.



Getting old, but remember when? Ken Adams of Melton Court shares 100 memories (he's only 92 but says he sometimes feels 102).

1 First words you heard over the airwaves were from a crystal set.

2 Then you had a 'LeClanché' cell, charged at a local shop.

3 'Rag & Bonemen' with a horse and cart, took all scrap.

4 Milkman pushed churn on hand cart, ladled milk into own jug.

5 Mum and Dad had 'Gazunder' (chamber pot) under the bed.

6 A farthing was the normal mark-up on goods in shops.

7 Every house had a coal fire, fireguard, poker & coal bunker.

8 You heated the room and cooked on a 'Range'.

9 Your mum heated her flat iron on the 'Range'.

10 Your shoes were resoled at the cobblers.

11 If you did not have your chimney swept, it caught fire.

12 Your milk bottle had cardboard push-down tops.

13 Men tennis players wore long trousers.

14 Buses had drivers and conductors.

15 With gas lighting you changed a broken 'mantle'.

16 Tanners, bobs, florins and half crowns in your pocket.

17 You played marbles in the gutter and in the playground.

18 All fish and chips served in newspaper, tasted better.

19 Remember listening to 'In Town Tonight' on the radio.

20 Mums walked miles taking their kids to school, no cars.

21 'Stop me and Buy One' was a triangular ice lolly from a trike.

22 There was an inch and a half of cream on a pint of milk.

23 Only rich people used 'lzal' toilet paper, we used newspaper.

24 All passenger trains had goods wagons.

25 You had to trim all edges off new rolls of wallpaper.

26 There was a time you could not see the kerb for fog.

27 School desks had ink wells.

28 Sports shoes were called pumps.

29 All photos had negatives.

30 Men's urinals full of fag ends.

31 Places to bet were illegal, bookie's runner on corners.

32 All chickens and turkeys were hung up outside butchers at Christmas.

33 Wore trouser clips when riding a bike with long trousers.

34 Mums boiled the washing, had washing board and mangle.

35 'Driving Test - put hand out to turn right, circle motion for left.

36 At main railway stations, man hammered on wheels for cracks.

37 Never saw a sliced loaf.

38 There were only ever 'Free Range' eggs.

39 'Going to the pictures', had main and 'B' film cartoons and news.

40 Every public park had a 'Parkie' (park keeper).

41 Tea strainer a must, no tea bags.

42 Prayers at assembly at school.



43 Men's trousers had fly buttons, (no zips).

44 Most bedrooms were covered with lino, with a mat.

45 Only ever white line on roads, no yellow.

46 Only posh people had phones, we used call boxes.

47 You spent playtime at school swapping cigarette cards.

48 No cars allowed to park on roads without lights.

49 Professional football players did not have numbers on their shirts.

50 Mothers washed nappies, no disposables.

51 There were more bikes than cars at football matches.

52 If you didn't smoke you were the 'odd one out'.

53 Your best shirt had two loose collars, kept on with studs.

54 'Johnie Onion' came on his bike selling strings of onions.

55 Builders building houses had 'lime pits'.

56 If you had a vacuum cleaner, it was a 'Hoover'.

57 Most semi detached houses had an outside 'loo'.

58 Didn't change a car tyre until it showed two layers of canvas.

59 Sundays sacred, no cinemas, theatre or professional sport.

60 Had to get a licence for every dog from the Post Office.

61 If no rail ticket, get a 1p platform ticket from machine.

62 For special occasions Mum had her hair 'Permed'.



63 The first record you heard was on a hand turned gramophone.

64 Golfers wore 'Plus Fours' and teed their balls on sand.

65 The maximum wage for footballers was £20 per week.

66 Shovelled horse manure off road for garden.

67 Front room had a picture rail.

68 No picture rail, you used a hammer and 'Rawlplug' tool for hook.

69 Granny wore a hair net.

70 Nearly everyone did the football pools, maximum winnings £75,000.

71 'Smiths Crisps' had a small blue wrap of salt inside.

72 Main cinemas had an organist playing in the interval.

73 All main shopping centres had a 'Fifty Bob Tailor'.

74 The first house you bought was under £3,000.

75 They would not take wife's wages into consideration for mortgage.

76 You were there for VE Day.

77 'Penny for the guy', you were happy with penny.

78 Unmarried mothers went away to have babies, usually adopted.

79 Most toilet cisterns were high with chain and handle.

80 When dark, lights compulsory on bikes, bobbies everywhere.

81 Mum kept her milk outside in the shade, no fridges.



82 Electric plugs were round pin 2 amp, 5amp and 15 amp.

83 Mum's first electric iron was connected into the light over the table.

84 There was a TB hospital in your area.

85 Your last teeth fall out before they are pulled.

86 Lots of not so well off picked up 'fag ends' for roll-ups.

87 All Dads in 1st World War.

88 Mum gave you 'Syrup of Figs' or 'Black Treacle' to keep you going.

89 Tramways had tarred wooden blocks between the rails.

90 Your hall and the bathroom had a 'Dado' rail.

91 Dad shaved with a 'cut throat razor', sharpened with a strop.

92 Your first hot water bottle was made of stone.

93 'Call the Midwife' - she came on her bike.

94 'PC' always meant a police constable never a computer.

95 Golf club woods made only of wood, not metal.

96 95% of men wore hats or caps at football matches.

97 Lots of streets had gas lighting.

98 All ladies wore skirts or dresses, not trousers.

99 Remember football pitches without 'half moon' for penalties.

100 First Helicopters were called Autogyros.



Do You Remember?

By Ann Fox, Osborne Court

Do you remember when we were young?

Telephones had no keys,
You lifted and waited for Operator,
then "Welwyn 648 please".

Do you remember washing day?
It was boil, scrub or pound,
Mangle squeezed the water out
if you turned the handle round.

Do you remember the wireless set?
We thought Children's Hour grand,
With Uncle Mac and aunts and then
there was Henry Hall's band.

Do you remember the
games we played?
Hopscotch and skipping rhymes,
were a favourite
and roller skates at times.

Do you remember
Wall's ice-cream man?
Peddling up the street,
"Stop me and buy one" he said,
a penny for Saturday treat.

Do you remember going to the flicks?
Mickey Mouse and Donald Duck,
Then Mickey Rooney, Judy Garland's
films, with any luck.

Do you remember the books we read?
Anne of Green Gables for sure,
Black Beauty, Just William, The Girls
Own Annual and more.

Do you remember being a Brownie?
Brown Owl, badges and Sixes,
Skipping round the toadstool and
singing about pixies?

Do you remember dancing classes?
Ballet and tap dance where
We learned to shuffle and stamp just
like Fred Astaire.

Now it's all tablets and Twitter,
computers and stuff on the net,
How can we cope?

Complications!
Oh well, we'll master it yet!

A good 'ol sing-along!



Over the past few months owners have been enjoying sing-alongs, dancing and visits from musicians.

A late addition from Melton Court, but what a lovely one at that. Fiona, Court Manager says,

"This was the first showing of the Melton Court Songster. Our very own choir, which comprises a few ladies who sing and make up their own funny songs, singing them to well know tunes. How lovely is that!"

Owners at Tiddington Court have also been singing together, during a 'song evening', owner Anne Cooke lead the singing. They have also been entertained with piano performances and singing from Hannah Connoney, Andrew Cooke, and Sean & Susan Sandland.



Tiddington Court:
Ann Cooke leading the singing



Hannah Connoney



Andrew Cooke



Sean & Susan Sandland performing at Tiddington Court

Life at your court: Limericks!

Huge thanks to all who entered their limericks. Brenda and Brian at Minster Court clearly got into the swing of things which is terrific – but we'll clearly have to find a way to attract more entries from more courts next time. Enjoy!

RSL Premier League

Now that I live in this Court
My life is considerably fraught
Every day there's a game
In activities name
And rest days are numbered at nought.

Patricia McGrath, Boat Lane Court

Supreme

Near the end of a life of activity
Or perhaps of extreme creativity
When a place you have bought
In our Minster Court
You'll find care and supreme sensitivity.

Brian Daubney, Minster Court

Elegance

If you're searching for elegant residence
Then Minster Court has to take precedence;
Its warm geniality
And lack of formality
Is there for all wanting the evidence.

Brian Daubney, Minster Court

Lunch

Come to lunch at Minster Court.
Soups are delicious, pastry is short.
Cooks are amazing,
Menu all changing,
Tempting to eat more than we ought.

Brenda Oliver, Minster Court

In olden days...

Here she shuffles, bent over a zimmer,
Showing a length of directoire knicker.
Now a shadow of the past,
When she was once deemed 'fast';
An elegant woman who could hold her liquor.

Brenda Oliver, Minster Court

Cars and girls

As a handsome young man of twenty-three,
I wowed all the girls in my red MG,
When my foot hit the floor
You could hear the roar
Of exhaust in the dust left behind me.

Now I'm an old man of ninety -three
The girls take little notice of me,
For I ride a grey Buggy
That's decidedly sluggish.

No roar and no phwoar
– How frustrating that can be !

Brenda Oliver, Minster Court

Contented

In RSL's Minster Court
An apartment I recently bought.
The food is respectable
The staff most delectable
So now have all that I sought.

Brian Daubney, Minster Court

FT

There was an old lady of Lincoln,
Who persisted in reading the pink 'un.
She lost all her cash,
Then made a dash
Ahead of the Bailiffs – so think on!!

Brenda Oliver, Minster Court

Spruce

In Minster Court humour's profuse,
Conversation is seldom abstruse;
There's delectable fare
And permanent care
And the grounds are alluring and spruce.

Brian Daubney, Minster Court

Speedy

There was an old woman of ninety,
Who had a yen to be flighty.
To fulfil her dream,
She bought a machine
And zoomed round the court in her nightie.

Brenda Oliver, Minster Court

Homely

If a pleasant apartment you seek
And genuinely aim for the peak
Try our Minster Court
You'll be glad that you bought
Such a home really warm and unique.

Brian Daubney, Minster Court

Mobile storage

My legs are three wheels, two handles
and a bag.
To slow down or stop. I don't need a flag.
I do sudoku and draw pets,
then I "sits and forgets"
All that I was "gonna" put in that bag.

Phyllis Mears, Melton Court

We are delighted to announce that RSL has agreed to give a £25 book token to our competition winner. One is on its way to Brenda at Minster Court. Well done to all, it was a tough decision!

FULLERTON COURT

Leonie Lazarus shares her moving experience



Leonie Lazarus moved to Fullerton Court in May. She enjoyed a warm welcome as did Hilda Reynolds and Jennifer Draughn who also moved there in May.

My move to Fullerton Court has been entirely positive. I came here to a one-bedroom flat from a four-bedroom, detached house which I was tired of 'servicing' after sixty-three years.



Leonie Lazarus of Fullerton Court

I dreaded parting with furniture, pictures and associations which had made up my life. In the event, it was not really painful. The rooms here are spacious – including the passageway and a huge walk-in cupboard. I can accommodate my most essential and most loved pieces and pictures. What I particularly value here is the friendliness and readiness to help of staff – and residents. No one ever seems to be put out by being asked for something, help or advice at any time. I feel both independent and safe.

So, while I miss my old home, I am very happy to have found my new one.



Mrs Diane Graham

Mrs Diane Graham was the longest-standing member of staff at Fullerton Court until she retired on 15th July. Diane joined Fullerton Court in December 1998 as a Housekeeping Assistant and was later promoted to Duty Manager in 2004. Diane is very much looking forward to spending more time with her grandchildren and in her garden. *"Diane will be very much missed, and we wish her well in her retirement"* said Linda, Court Manager.

Long serving Duty Manager, Mel Norris of Fullerton Court celebrated her 70th birthday with owners and staff in May.



Mel Norris



Fullerton Court entrance



Fullerton Court apartments

TANNERY COURT

Abergele in TV soap spotlight!

Abergele (in which Tannery Court lies at the centre) has recently attracted national attention as the chosen hideaway of Coronation Street villain Pat Phelan. He chose well: a small

market town on the north coast of Wales between Colwyn Bay and Rhyl, Abergele is a lovely and interesting place to visit. Better still, the Tannery Court guest suite has been refurbished.

Owners from other courts are most welcome to come to visit.



Tannery Court's refurbished guest suite



Communal area



Garden area



Conwy Suspension Bridge



Welsh Mountain Zoo



Knightly's Fun Park

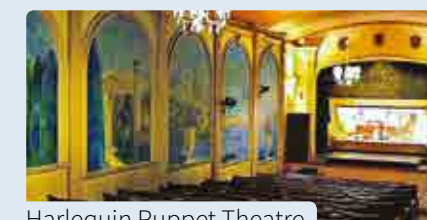
Photos: www.dayoutwiththekids.co.uk

Visit and stay at Tannery Court

There are hundreds of things to do and places to visit in Abergele. Here, to list just a few:

- Welsh Mountain Zoo
- Rhyl SeaQuarium
- Harlequin Puppet Theatre
- Old Colwyn Beach
- Knightly's Fun Park
- Conwy Suspension Bridge
- Llandudno Hop-on Hop-off Tour

Please call Court Manager Christine on **01745 823182** to find out more.



Harlequin Puppet Theatre





Freedor: fire safety solutions

A frequent concern for owners is the difficulty in opening and closing their own apartment doors.

This task is difficult enough with certain age-related mobility problems but given that all of the apartment doors are fitted with hydraulic or spring-loaded closers for fire safety, it makes the task that much harder.

A recent innovation in this area is 'Freedor', an overhead door closer with a difference. In normal operation the closer applies no pressure to the door leaf so effectively the door is free to swing like a normal internal door, and owners can open and close the door at their own pace.



Tannery Court



Freedor in situ

So how does this comply with fire safety? How does it ensure that the door is closed in the event of a fire? The secret is that the mechanism fixed to the door includes a microphone, which listens constantly for a fire alarm. When the alarm sounds, it triggers the device to operate and closes the door.

The product is fully compliant with Building Regulations and European standards. They are fitted by the manufacturer's own installers, come with a battery pack which lasts for two years and have a long warranty.

Owners at Tannery Court have been early adopters of the new device. In fact, at the time of writing, fourteen owners have already converted.

Should other owners wish to consider converting to Freedor, they are advised to speak to their Court Manager who will request the information from RSL.



Freedor in situ

Visit: www.fireco.uk to read more information on Freedor benefits



Visit: www.iosh.co.uk to read more information

IOSH Managing Safely Course

Ashby Court hosts first Institution of Occupational Safety and Health *Managing Safely* course.

Ashby Court hosted three sessions of the four day IOSH Managing Safely course in June. They were for Saxon Court (15 delegates), The Blundellsands Classic (11 delegates) and Ashby Court (seven delegates).

Managing Safely is a risk management course with an emphasis on the practical actions needed for the health and safety of teams. It is designed for anyone in a management or supervisory role and covers health, safety and environmental basics in

a single programme. Benefits include greater productivity, improved organisation-wide safety awareness, active staff involvement and enhanced industry reputation. Those who successfully complete the course receive internationally recognised certification and can attend refresher courses to update their knowledge when required.

RSL are looking to host at least one more session in the next few months for those who were not able to go to the earlier venues.

"I have a much better understanding of risk assessments now – Steve, the trainer, delivered the course really well and made what sounds a daunting course easier to understand."

Hayley Sheldon, Court Manager
Tiddington Court

"Excellent trainer who interacted with all trainees and made the course very interesting and enjoyable. A very interesting and informative course, that will hopefully be undertaken by all managers."

Pamela Wharton, Duty Manager
Osborne Court

Photo: (Seated left to right) Tracey & June from Cathedral Green, Hayley – Tiddington Court Manager and Rachel – St George's Court Manager. (Standing) Ruth – Ashby Court Manager, Steve (IOSH trainer from Ellis Wittham) and Tony from Minster Court. Phil – Minster Court Manager, behind the lens!

BLUNDELLSANDS CLASSIC

Classic windows

After two years of negotiation with owners, Sefton Council, court surveyor and estates manager of RSL, Blundellsands Classic owners voted, at an Extra General Meeting, in favour of new uPVC windows for the bungalows and apartments. There were forty votes in favour, three against and two spoilt ballots!



TANNERY COURT

Police pay a visit

Tannery Court have had a visit from the local police who advised owners to be aware of telephone and internet scams. They brought with them leaflets and information on crime prevention.

The police enjoyed their visit so much they are going to make monthly visits.



Alzheimer's Society

Host a Cupcake Day and raise some 'dough' for charity.

Join Kennet Court, whose efforts raised over £220 for their local Alzheimer's branch in Wokingham, during a fun-filled afternoon of serving up scones, tea and cakes and playing memory games.



Owners enjoying tea and cake



Where does the money go?

£50 – pays for a communication tool that uses symbols rather than words to help people with advanced dementia communicate.

£150 – pays for one of our National Dementia Helpline Advisors to provide 10 hours of crucial support to people affected by dementia.

£610 – pays for a Doctoral Training Centre to run for one day, helping up to eight PhD researchers to carry out ground breaking study in dementia research.



cupcakeday.alzheimers.org.uk

Alzheimer's Society is a membership organisation, which works to improve the quality of life of people affected by dementia in England, Wales and Northern Ireland. There are 850,000 people with dementia in the UK, with numbers set to rise.

Raising money for Alzheimer's Society allows continual support, research and work to find new treatments and, ultimately, a cure for dementia. The Cupcake Days have raised £1.4 million since 2016, so why not host your own Cupcake Day at your Court.



Kennet Court

How to sign up, get started and get your free fundraising pack

1. Sign up online at: cupcakeday.alzheimers.org.uk and receive a free fundraising kit in the post
2. Host yours any day that suits you
3. Decide when and where
4. Start baking or buy cupcakes from the shop – yes, it's allowed
5. Raise as much 'dough' as possible to help beat dementia and have a great time doing it!

FAVOURITE RECIPES

Colourful cakes

Some inspiration for your own Cupcake Day!

Red velvet

INGREDIENTS

100g butter (room temp.)
100g caster sugar
2 eggs
1 tsp red food colouring
1 tsp cocoa powder
200g self-raising flour

- 1 Heat oven: gas mark 4/180°C.
- 2 Beat butter and sugar together until creamy.
- 3 Add in eggs, food colouring and the cocoa powder.
- 4 Fold in flour and divide batter into cases.
- 5 Bake for 15-25 minutes.

Amazing chocolate

INGREDIENTS

100g plain flour
20g cocoa powder
140g caster sugar
1 ½ tsp baking powder
40g unsalted butter (room temp.)
120ml whole milk
1 egg
¼ tsp vanilla extract

- 1 Heat oven: gas mark 4/180°C.
- 2 Whisk flour, cocoa powder, sugar, baking powder, a pinch of salt and butter together.
- 3 Whisk milk, egg and vanilla extract together, then pour about half into the flour mixture and beat to combine.
- 4 Pour in remaining liquid and continue until the mixture is smooth. Do not over mix.
- 5 Spoon mixture into cases and bake for 20-25 minutes.

Vanilla

INGREDIENTS

110g butter (room temp.)
110g caster sugar
2 free-range eggs, lightly beaten
1 tsp vanilla extract
110g self-raising flour
1-2 tbsp milk

- 1 Heat oven: gas mark 4/180°C.
- 2 Cream butter and sugar, beat in eggs and vanilla extract.
- 3 Fold in flour and add milk.
- 4 Divide into cases and bake for 10-15 minutes.

Chocolate icing

INGREDIENTS

50g good-quality dark chocolate
100g unsalted butter, softened
200g icing sugar
1 tsp vanilla extract
1-2 tbsp milk

- 1 Melt the chocolate.
- 2 Beat butter, icing sugar and vanilla extract together.
- 3 Fold in melted chocolate (add a few drops of milk if the mixture is a little stiff).

Buttercream icing

INGREDIENTS

140g unsalted butter, softened
280g icing sugar
1-2 tbsp milk (or food colouring)

- 1 Beat all ingredients together until smooth.

Lemon & poppyseed

INGREDIENTS

225g self-raising flour
175g golden caster sugar
Zest of 2 lemons
1 tbsp poppy seeds, toasted
3 eggs
100g natural yogurt
175g butter (melted & cooled)

- 1 Heat oven: gas mark 4/180°C.
- 2 Mix flour, sugar, zest and poppy seeds in mixing bowl.
- 3 Beat eggs into yogurt, then mix into the dry ingredients with the melted butter.
- 4 Divide into cases and bake for 20-22 minutes.

Raspberry & orange

INGREDIENTS

200g self-raising flour
2 tsp baking powder
200g unsalted butter, softened
4 eggs
200g caster sugar
3 tbsp milk
50g ground almonds
Zest of 1 medium orange
150g punnet raspberries (crushed)

- 1 Heat oven: gas mark 4/180°C.
- 2 Beat first 8 ingredients in a large bowl until smooth. Fold the raspberries into the batter.
- 3 Divide batter into cases and bake for 20-25 mins.
- 4 Make topping: mix together orange juice and sugar.
- 5 Drizzle topping mix onto cooled cupcakes.

Glorious gardens

Courts take advantage of the sunshine and warm weather to enjoy barbecues, annual garden parties, and a spot of gardening.

Owners at the Blundellsands Classic (photos near and far right) enjoyed their first summer barbecue early in June. Court Manager Susan Russell organised the event and said, "Fortunately for us the day was glorious. It was greatly enjoyed by all."



Susan, Court Manager, Kath, Chair and Ben Yates from RSL



John Clough and Mr & Mrs Garvey



Owners at Tannery Court enjoyed a beautiful sunny June afternoon listening to the Beulah Brass Band. The band played well known tunes

to which many owners sang along. Bunting completed the atmosphere and, during a break, a lovely afternoon tea was served. This included



MELTON COURT



BLUNDELLSANDS CLASSIC

Susan, Court Manager, Luci, Housekeeping Assistant & Anne, Duty Manager

Melton Court is currently blessed with a particularly active group of keen owner gardeners. Their efforts have seen Melton Court's gardens reach new heights of splendour, bringing great pleasure to their creators, other owners and visitors alike.



Melton Court



Melton Court

Elizabeth Court's gardens are looking particularly spectacular, thanks to their gardener, Bartholomew Protheroe. Court Manager Karen said, "He has been with us for more than 10 years and is directly accountable for when it looks at its best".



ELIZABETH COURT



Elizabeth's gardener Bartholomew



MINSTER COURT



Minster Court

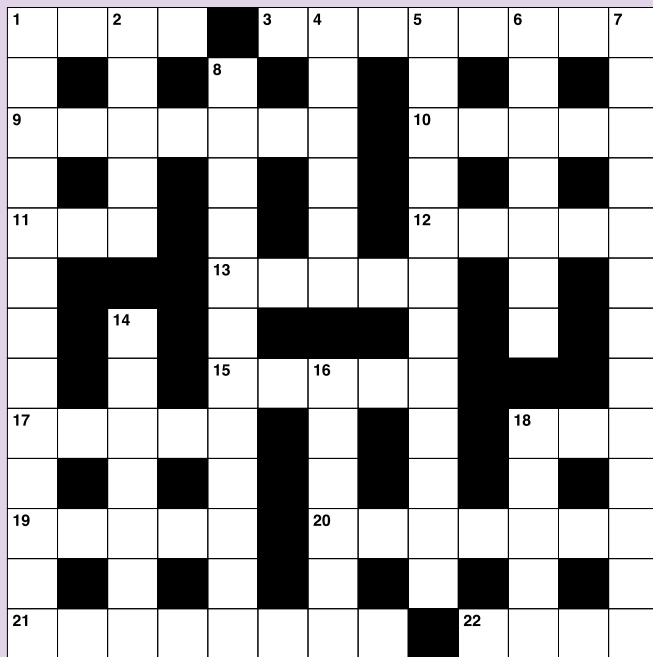
Minster Court has recently started a 'Stroll and Stretch' to encourage owners to get out and enjoy some exercise. A number of owners met outside reception and walked around the gardens, followed by a coffee morning in the lounge. Phil, Court Manager said, "It seemed to go down very well and I hope they will keep it up".



Tannery Court

homemade quiches, sandwiches and glorious victoria sponge, lemon drizzle, chocolate and coffee cakes made by cook, Tracey.

CROSSWORD



Across

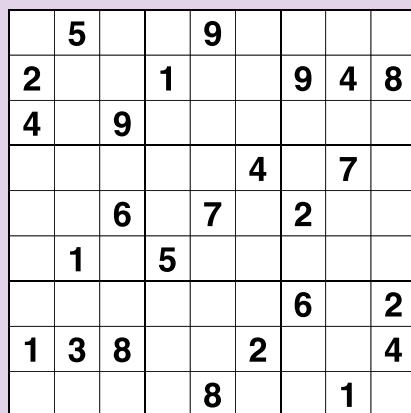
- 1 True information (4)
3 Agitated (8)
9 Comparison (7)
10 Insurgent or revolutionary (5)
11 Witch (3)
12 Make right (5)
13 Animal enclosures (5)
15 Evil spirit (5)
17 ___ couture: expensive clothes (5)
18 Scarf of feathers or fur (3)
19 Double fold in a garment (5)
20 Abandon one's principles (4,3)
21 Toneless (anag) (8)
22 Prophet (4)

Down

- 1 A transient occurrence (5,2,3,3)
2 Daniel ___ : James Bond actor (5)
4 Cooking in hot oil (6)
5 Not guided by good sense (12)
6 Type of newspaper (7)
7 Amusement park ride (6,7)
8 Occurring at the same time (12)
14 Affluent (7)
16 Fails to hit a target (6)
18 Man (informal) (5)

WORDSEARCH | Football

Captain	Derby	Midfield	Substitute
Clean Sheet	Dribbling	Penalty	Tackle
Coach	Formation	Red Card	Whistle
Corner	Foul	Referee	World Cup
Defender	Goalkeeper	Striker	Yellow Card



SUDOKU

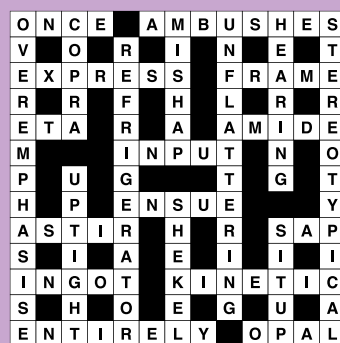
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Spring 2018 solutions



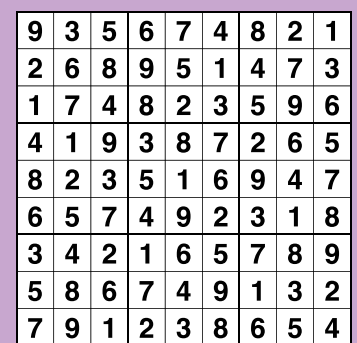
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